

OTTAWA Jeet Kune Do Training Schedule

**Roy G. Hobbs Center
109 Larch Crescent, Orleans**

Effective January 1, 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30-6:15 p.m. JEET KUNE DO KIDS (6-13 years)			5:30-6:15 p.m. JEET KUNE DO KIDS (6-13 years)		9:00-9:45 a.m. JEET KUNE DO KIDS (6-13 years)
	6:15-7:15 p.m. FIGHTING FIT BOOT CAMP			6:15-7:15 p.m. FIGHTING FIT BOOT CAMP		9:45-10:45 a.m. JEET KUNE DO ADULTS/ KRAV MAGA
	7:15-8:15 p.m. JEET KUNE DO ADULTS		6:30-7:30 p.m. JEET KUNE DO SMALL GROUP CLASS **	7:15-8:15 p.m. JEET KUNE DO ADULTS		

Sifu Darryl D'Amico, OTTAWA Jeet Kune Do
613-824-7479 email: info@ottawajkd.com
www.ottawajkd.com

All classes held at 109 Larch Crescent unless otherwise noted
** Location - Private Dojo