

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Kid's JKD 5:15-6:00pm	Kid's JKD 5:15-6:00pm	Kid's JKD 5:15-6:00pm		Kid's JKD 9:00-9:45AM	
	Commando Krav Maga 6:00-7:00pm	Commando Krav Maga 6:00-7:00pm	Commando Krav Maga 6:00-7:00pm		Adult JKD 9:45-10:45AM	
	Adult JKD 7:00-8:00pm	Adult JKD 7:00-8:00pm	Adult JKD 7:00-8:00PM		Commando Krav Maga 10:45-11:45AM	

Ottawa Jeet Kune Do Martial Arts & Fitness
Class Schedule – Effective September 1, 2018

www.ottawajkd.com

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